

# VOICE <sup>OF</sup> THE RESIDENTS

VOL. XVII, NO. 10

BROADMEAD, COCKEYSVILLE, MARYLAND

JUNE, 1996

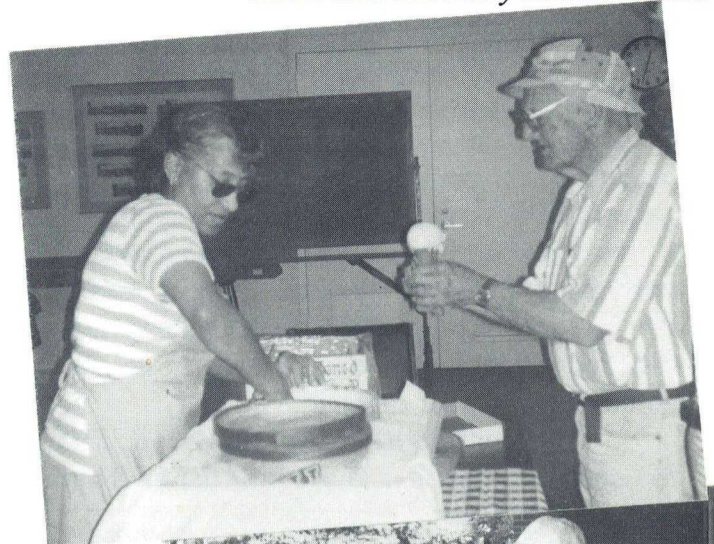
## *Beautification Day*

The weather could not stop the Broadmead Residents from having Beautification Day. YES, cold, damp, foggy and drizzly May 16th just caused this special day to be postponed to May 20th, which proved to be a hot, humid one. However, Residents started early, kneeling to dig the holes, sitting to mix fertilizer and water, or carrying the solutions to 14 areas. Plants were in the ground by ten o'clock, permitting folks to sit in the shade, to enjoy the breeze, or to wander off to their apartments. They RETURNED at noon to

enjoy the super picnic prepared by Doug Bareis. Due to EXTREME temperatures and humidity, ice cream cones were served in the Activity Room. The groundsman beat the heat by having the sprinklers going full force on all the new plants. EVERYONE had a great morning !!!!! So . . . now June, July, August, and September should again produce beauty on our campus. Only the cooperation of Residents, staff, and our dedicated groundsman made Beautification Day successful, happy, and productive.

Our thanks to each and every one !!!!!!!

--Marie Litz and Mary Louise Hibline



J. K. MARSH



# Broadmead Welcomes . . .

by Betsy Griffin

**WALTER and BARBARA (Williams) HUDSON**  
E-13 329-1899 May, 1996

The Hudsons consider themselves Baltimoreans after living here for 30 years, although Walt was born in Philadelphia and Barbara in New Jersey. They met when both were counselors at a New York camp for underprivileged children. Walt studied at West Virginia Wesleyan and earned a master's degree at New York University. He spent a lengthy career in education, retiring as Chairman in the Department of Social Studies of the Baltimore County school system. Since retirement, he continues to work with the Baltimore County Department of Aging. In 1952 when Barbara became interested in medical school, male veterans had first choice, so she became a Registered Nurse while awaiting admission to Columbia University's College of Physicians and Surgeons. There she earned an M.D. in pediatrics and began a career working with mentally retarded patients. She served as the Medical Director of Rosewood Hospital for ten years, is an assistant professor of pediatrics at Johns Hopkins, and continues a private practice with developmentally disabled patients, some of whom have grown to adulthood under her care.

The Hudsons have two sons--Kevin, a banker in London, and Scott, a lawyer in Atlanta. They also have two cats.

Among our young, active Residents, the Hudsons keep busy. Barbara is currently training for the Senior Olympics by running more than four miles daily; she swims, plays golf, works out with the exercise class, paints in water colors, is a member of the writers group, and sings in the Grace Methodist Church choir. Walt is an accomplished magician, writes for magazines of interest to circus people and magicians, and continues this even today. What a find for our program committee! Welcome to the Hudsons with their many talents.

## ***Apartment Changes:***

|                         |                        |
|-------------------------|------------------------|
| William and Sarah Banks | from R-13 to S-105     |
| Lloyd and Phyllis Tyler | from Hill House to A-8 |
| James Willan            | from G-8 to S-207      |



*Let me feed it to you this way . . .*

## **ANNUAL MEETING**

***Broadmead Residents Association***

***Monday, June 3, 1996 - 7:15 p.m.***

## **CONCERTS IN THE LOUNGE**

Residents Association Music Committee  
Harry C. Jones, Chairman

**Sunday, June 9, 1:45 p.m.**

Ron Gretz plays the piano and sings,  
interpreting two operas

**Thursday, June 20, 7:00 p.m.**

"Let's Sing!"

**Sunday, June 23, 1:45 p.m.**

Bok Hwa Kim - Piano recital

\* \* \*

## **THURSDAY OPEN FORUM**

by Melchijah Spragins, Chairman

**June 6th at 10:30 a.m.**

Speaker: James Matlack, Director of the Washington Program, American Friends Service Committee  
Topic: "The Arab-Israeli Conflict"

**June 13th at 10:30 a.m.**

Leaders: Abe Makofsky, Bob Sparks, and Ralph White  
Topic: Wrap-up Discussion for the Year.





## COMING ATTRACTION THE *Mikado* AT BROADMEAD

Residents and Staff members will present a performance of *The Mikado* at Broadmead Wednesday, June 19, at 1:30 p.m. in the Lounge.

This is a shortened, altered version which Gilbert would never recognize.

--Eva Leah Milbouer

### MOVIES ON TUESDAYS AT SEVEN

**6/4 PERSUASION** 1995 104 min. BBC  
Amanda Root, Ciaran Hinds

Based on Jane Austen's novel about a 19th century woman who succeeds in rekindling romance with a returning officer of the Navy whom she was dissuaded from marrying seven years earlier. Interesting scenes of Bath.

**6/11 RUN SILENT, RUN DEEP** 1958 93 min. \*\*\*  
Clark Gable, Burt Lancaster, Jack Warden

One of the great World War II submarine pictures, it depicts a battle of wills between officers Gable and Lancaster.

**6/18 HIGH NOON** 1952 84 MIN. \*\*\*\*  
Gary Cooper, Grace Kelly, Thomas Mitchell, Lloyd Bridges

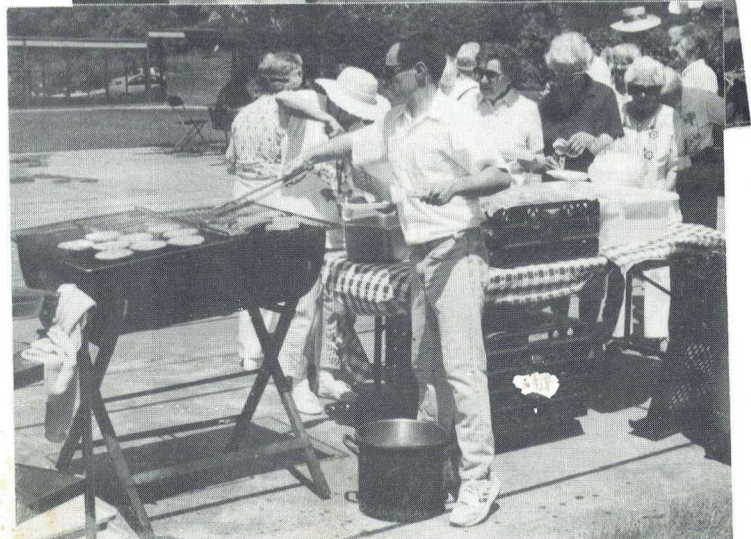
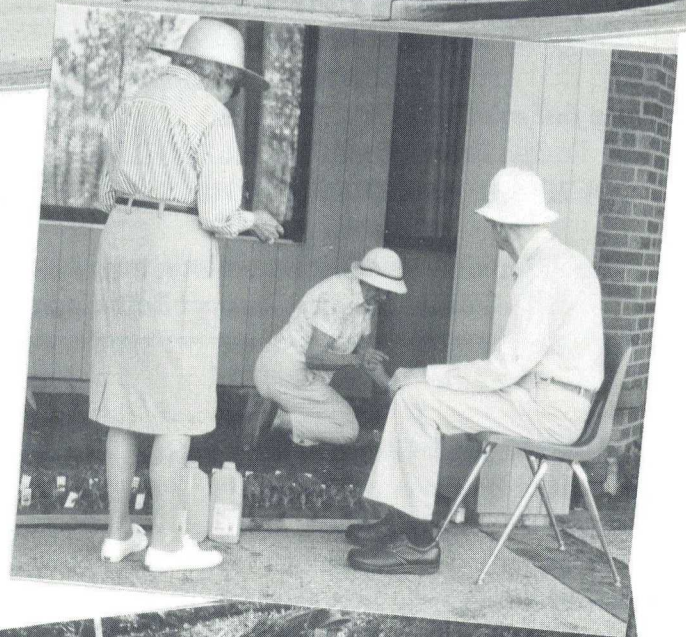
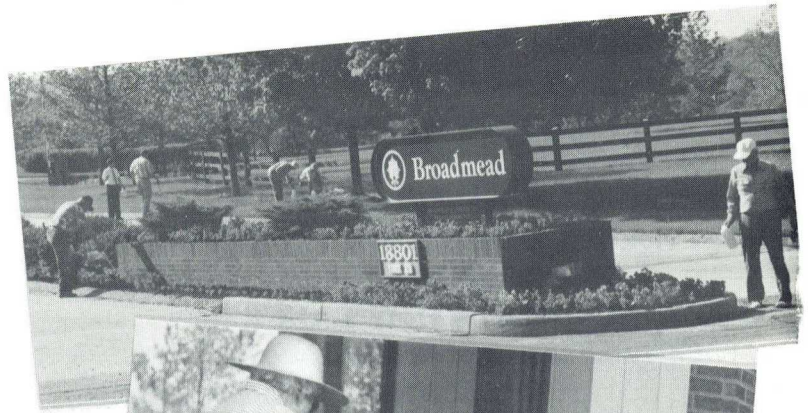
Western drama. On his wedding- and retirement-day, Marshall Cooper learns that a gunman is coming to town, seeking revenge. Deserted by townspeople, he feels a responsibility to stay and face the gunman.

**6/25 THE AMERICAN PRESIDENT** 1995 \*\*\*\*  
Michael Douglas, Annette Bening, Martin Sheen, Michael J. Fox

Men around widowed President Andrew Shepherd influence him to make a shady political deal. It takes a stunning female environmental lobbyist with whom he has fallen in love to teach this president a lesson in character.

**Alternate: SINGIN' IN THE RAIN** 1952 \*\*\*\*  
Gene Kelly, Debbie Reynolds, Donald O'Connor, Jean Hagen

Hollywood during the transition to talkies, with Hagen as Kelly's co-star whose voice could shatter glass. Kelly's title number and O'Connor's "Make 'Em Laugh" highlight a gem-packed film.





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## Dancing Once Again to Big Band Music

Hold Friday, June 28 - 7:00 to 9:30 P.M.

"The Mood Swings" return for a  
**SUMMERTIME DANCE**

*Enjoy the sounds of the live dance orchestra*

--Harriet Ambrose

**Make a full evening of it !**

Friday, June 28 from 5:00 to 7:00 P.M.

**COCKTAIL BUFFET AT HOLLY HOUSE**

*(At a nominal fee)*

**Look for sign-up sheet on bulletin board**

--For information, contact Beth Connors

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## SATURDAY PROGRAM OFFERINGS

by Charles Hobelmann

General Program Committee

**Saturday, June 1st - 7:15 p.m.**

James O'Leary: "Galileo Explores Jupiter"

A trip into space for all of us.

**Saturday, June 15th - 7:15 p.m.**

"Meet Mr. Mencken--an hour with  
the Sage of Baltimore"

*Mr. Mencken will be here himself  
in the person of David Foster.*

\* \* \*

## VESPERS

+

**Sunday, June 16, 1996**

4:30--5:00 p.m.

+

in the Lounge

## Whodunit?

Lynn Buck [K-10] caught the attention of columnist Michael Olesker, our April 11 Open Forum speaker. In a recent issue of *The Sun* he devoted a piece to her life and poetic accomplishments.

\* \* \*

Judy Keyser [H-10] earned a blue ribbon at the Howard County Sheep Breeders' Association festival for a hand-knit, hand-woven jacket.

## A Freudian Slip

"Why," asked the student, "did Nature (or God) put sex in the same organs as excretion?" "First," said the professor, "that is the case for a small number of organisms, like the mammals and similar beasts; but by no means is it the arrangement throughout the living world."

"Assigning two or more purposes to one opening is common. Snails, for instance, take food in through their feet, amoebas reproduce with their entire substance, and flowers by means of blooms, and so forth

"In the feudal city of Carcassonne, only a few entrances pierce the walls erected to defend the town. We have always faced external enemies--other animals, insects, and bacteria. Fewer openings meant less entry to predators. The body makes every orifice do double duty, leaving the skin to defend most of our surface. Our mouths serve as an entry for food, passage for air, outlet for speech, and a place for facial expressions.

"Evolution didn't mind using the same opening for different functions. Thus, the ear is our balance organ and also the place we sense sound. And excretion couples with reproduction, though they have no other relationship.

"Our psychology, however, struggles with this coincidence. We teach our young ones that excretory regions are to be used but not mentioned; we avoid educating them to reproductive knowledge; and Dr. Freud founded a new array of theories linking sexual repression with mental illness."

A jokester says, "We tell our kids, 'sex is dirty; save it for someone you love,'" And we find in television and movies plots linking violence with sexual union. Confusion mixes up male destructive power with what is held to be manly strength. Freud was often right, but sometimes wrong as well.

All this, because we are not yet at peace with evolution's choice, to combine two unrelated functions in the same organs of the body, and have fewer vulnerable portals open to attack. . . . We are left with the problem of dignifying our power to create when it is associated with an unmentionable daily duty.

How, then, reconcile the taking out of trash with love and parenthood?

--Contributor



## R DOC IN A BOX

--John B. De Hoff, M.D.  
Health Care Education Subcommittee

### HELP KEEP YOUR COOL...

Higher summer temperatures bring important health risks because some diseases make us more susceptible to heat and humidity. Check with your health advisor about how heat can affect you because of chronic ailments or needed medications.

Plan to acclimate gradually to a sudden onset of hot weather always expected after early or mid June. Stay in air-conditioning or on shaded porches and take it easy while you adjust to higher temperatures.

Bathe more frequently. Dress in light colored, loose clothes or shorts. Protect face and head with a broad brimmed hat. Wear sun glasses when outdoors.

Drink water frequently. Use alcoholic beverages sparingly in hot and humid weather.

Exercise or work with a buddy. Avoid salt tablets.

When motoring, take shorter trips or make frequent rest stops. Limber up in the shade with gentle exercises. Drink extra watery liquids.

## 1996--LANDMARK YEAR FOR STATE LONG-TERM CARE LEGISLATION

The General Assembly of Maryland passed three bills on Monday, April 8th, which will have a significant impact on the future of continuing care community residents.

S 543, an omnibus bill initiated by MaCCRA, has been described in previous issues of the *Voice*. It provides substantial improvement for better communication between providers and residents, and enhances the financial security of residents.

S 544 breaks entirely new ground by providing, for the first time, for the development of regulation of the infant industry catering to the needs of the elderly who prefer to remain in their own home and to have added services as they enter their declining years.

S 545 is another pioneering effort. It seeks to rationalize the complexities related to Assisted Living Programs. The new law states that responsibility for this level of care requires the participation of the Department of Health and Mental Hygiene, the Department of Human Resources, and the Office on Aging. The first named here is designated as the point of entry for persons desiring information on Assisted Living programs. It also establishes an Assisted Living Programs Board to develop statewide policy on this issue. This Board will have four consumer members and MaCCRA will seek one of these slots. The law defines assisted living as services provided for "an individual at least 62 years old who has temporary or periodic difficulty with one or more essential activities of daily living, like feeding, bathing, grooming, dressing, or transferring." (The latter generally refers to getting in and out of a bed or some kind of chair.) The law carefully spells out six kinds of services which an assisted living program will *not* include, such as nursing homes, hospice care programs, services provided by family members, and services provided in an individual's own home.

--Robert M. Sparks

### ADVENTURES IN LEARNING

Dorothy Clapp, Chairman

Important offerings are in prospect for 1996-1997.

Watch for details in the September *Voice*.

\* \* \*

"A man likes to have a night out by himself once in a while. How about it, dear?"

"All right, but please leave a light in the hall if you get home before I do!"



*New Resident Jean Knapp Marsh displayed examples of her outstanding photographs in the lower lobby*



## TRAIL DAY No. 4

In contrast to the first one which was unseasonably hot, on Trail Day #4 the "wind it blew cold." Nevertheless, more than 100 people showed up to help us celebrate a chilly, flowery day. Columbine bloomed handsomely at the Focal Point. Walkers up the Ridge Path sighted at least one lady's slipper, yellow and perfect, and mayapples made good their names over all the trails.

One more week and the scene will change. The redbuds have already faded, the dogwoods will drop their white blossoms. Young green leaves will become undistinguished, ordinary green leaves. In short order, we will move on to trailing berry vines, honeysuckle, and common field flowers. This is the season for which we were waiting through all those snowy days, and it is flying by.

Before we let go of our Trail occasion, we want to note some of the people who quietly helped make it pleasant. There were maintenance men closing off one lane of Perimeter Road, handling traffic, setting up tables for registration and refreshment, even stationing a man up the hill to watch out for Ridge Path walkers. There were Staff and Resident volunteers signing people in, pouring lemonade or hot drinks, and acting as guides. There were picture-takers who have given us a record to complete our second album in the lounge, and of course, there were kibitzers.

Chips on the paths keep them from getting muddy. Trees and bushes are newly labeled. Maps and lists of growing plants are in the box by the Focal Point. Pick up one, and take a self-guided, learning hike whenever you want. Trail Day may be once a year, but the paths remain shady and inviting. Any day can be a trail day.

--Sarah Cooper

\* \* \*

## *Let's Dance!*

### Big Bands of Yesteryear on Tape

Eddie Slaughter, Chairman

Dances will be held on the *second Monday of the month*, except when a live orchestra dance/party is scheduled. Come, dance, or just enjoy the music.

**EVERYONE WELCOME!**

**7:00 P.M. in the Lounge  
MONDAY, JUNE 10th**

## THE BROADMEAD TATTLER

*(A Conversation Piece)*

by Emily Schlesinger

X

1. Name four Broadmead Residents who are great-grandparents.
2. Which Resident is the parent of two sets of twins--two boys and two girls?
3. Which Resident was born in the Ukraine and lived there under German bombardment during World War I?
4. Which Resident demonstrated home pressure cookers in Macy's (N.Y.) basement in the early 1930's?
5. Which Resident, using the pen-name *B-flat*, wrote for the *Voice* reviews of Sunday concerts held at Broadmead in the 1980's and '90's?
6. Which Resident received First Prize for a hand-knit, hand-woven, Aran-style jacket in the Combination of Techniques Class at the Annual Maryland Sheep and Wool Festival of the Howard County Sheep-Breeders' Association last month?

\* \* \*

### OLESKER on HAPPENINGS IN BALTIMORE

Michael Olesker, columnist for the Baltimore *Sun* commentator on TV Channel 13, treated the Open Forum audience to witty and insightful remarks.

There are nationwide signs of declining literacy. Baltimore's major daily newspapers were reduced from three to one. People may believe they are receiving news over TV but really they are not; a TV station may have 20 staff to gather news, but deduct each anchor, sports, weather, and safety reporter and only seven or eight remain for news.

Because of viewers' diminished attention spans, TV reports do not exceed two minutes. Olesker is allowed 90 seconds to explain a story.

Today's middle-aged group formerly read rather extensively. Today's college students read much less--certainly less of substantive articles. Letters written by parents of today's public school students show the inability of many adults to write with clarity.

Mr. Olesker said that persons with drug problems are living in despair. Commissioner Thomas Frazier believes we cannot "police" our way out of the problem (Judges tend to dismiss drug cases because of insufficient places to house offenders.) He is encouraging Mayor Schmoke vigorously to promote a plan to legalize drug use. --M. Thos. Goedeke





### GENERAL

- Barbash, Fred. The founding. 1987.  
Bettelheim, Bruno. The uses of enchantment 1977.  
Botkin, Benjamin Albert. A treasury of railroad folklore. 1989.  
Diorio, Margaret. End of summer. 1992.  
Douglas, John. Mindhunter. 1995.  
Hamilton, Edith. The ever-present past. 1964.  
Kulbach, Johanna E. The recorder guide.  
Leonhart, James Chancellor. One hundred years of the Baltimore City College. 1939.  
Norris, Walter Blake. Annapolis its colonial and naval story. 1925.  
Pickvance, Ronald. Van Gogh in Saint-Remy and Auvers. 1986.  
Ryan, Elizabeth Bond. The Lord Peter Wimsey Cookbook. 1981.

### LARGE PRINT

- Francis, Dick. The Dick Francis treasury of great racing stories. 1991.

### BIOGRAPHY

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Donald, David Herbert. Lincoln. 1995.  
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Iacocca, Lido Anthony (Lee). Talking straight. 1988.  
Mariano, Nicky. Forty years with Berenson. 1966.

### FICTION

- Barrie, Sir James Matthew. A window in Thrums.  
Binchy, Maeve. The lilac bus. 1995.  
Brown, Dale. Chains of command. 1993.  
Buck, Pearl Sydenstricker. The three daughters of Madame Liang. 1969.  
Gallico, Paul William. Manxmouse. 1968.  
Girzone, Joseph F. The shepherd. 1990.  
Harte, (Francis) Bret. The luck of Roaring Camp and other sketches. 1895.  
Ilex, Greg. Black cross. 1995.  
Joyce, James. Dubliners. 1995  
Kipling, Rudyard. Stalky & Co. 1922.  
Morley, Christopher Darlington. Pandora lifts the lid. 1924.  
West, Morris Langlo. Lazarus. 1990.

o e e e e e e e e e e e e e e e e o  
o  
o How quickly can you find what is so o  
o unusual about this paragraph? It looks so o  
o ordinary that you would think nothing o  
o was wrong with it at all and, in fact, o  
o nothing is. But it is unusual. Why? If o  
o you study it and think about it you may o  
o find out, but I am not going to assist you o  
o in any way . . . you must do it without o  
o coaching. No doubt, if you work at it for o  
o long it will dawn on you . . . who knows? o  
o Go to work now and try your skill. Par o  
o is about 1/4 hour. o  
o  
o e e e e e e e e e e e e e e e e o

I printed this at  
The Baltimore Museum of Industry  
Charles E. Ellicott

### FICTION - MYSTERY

- Archer, Jeffrey. Twelve red herrings. 1994.  
Block, Lawrence. A long line of dead men. 1994.  
Clancy, Tom. Without remorse. 1993.  
Deighton, Len. Hope. 1995.  
Elliott, James. Cold cold heart. 1994.  
Follett, Kenneth Martin. The key to Rebecca. 1980.  
Friedman, Philip. Inadmissible evidence. 1992.  
Francis, Dick. Bolt. 1987.  
Francis, Dick. Reflex. 1981.  
Francis, Dick. Wild horses. 1994.  
Hillerman, Tony. Sacred clowns. 1993.  
Kellerman, Jonathan. The web. 1995.  
Ludlum, Robert. The apocalypse watch. 1995.  
Patterson, James. Along came a spider. 1993.  
Sanders, Lawrence. McNally's risk. 1993.  
Simenon, Georges. Five times Maigret. 1964.  
Wambaugh, Joseph Aloysius. Finnegan's week. 1993.  
Wambaugh, Joseph Aloysius. Fugitive nights. 1992.  
Woods, Stuart. Imperfect strangers. 1995.

### *Venus Flytrap*

I gave a pretzel to the Venus Flytrap--  
a stiff small stick:  
a vulgar action, sly and cheap,  
to test green greed.  
And sure enough, first slowly and then quick  
it closed its jaws and locked  
my crusted morsel in carnivorous need.

First the fine hairs pulsed, lecherous;  
on silent hinges then  
the green walls shut. Its sister  
traps were open, except one  
shut on some what-had-been.  
The thin-stemmed eater silent in its pot  
held stiffly my poor fun.

This had not meat nor merit--  
so it knew;  
but could not or would not let go its prize.  
All memory's gentle petals prompting, how I  
stared  
to see the flowery hunter where it grew.  
So carnivores, one poet and one plant:  
O tigerish bland two.

--Josephine Jacobsen

### *The Saga of a Spider*

by Mary Ellen Anderson

"The itsy, bitsy spider went up the water  
spout,"  
Down came a heel and knocked the spider  
out . . . .

Those of you who have passed between the  
portals of our abode at C-19 know that a  
"menacing" spider sits on our screen door (left  
over from a couple of Hallowe'ens ago.  
Most of you have taken a step back, let out a  
gasp, but fearlessly opened our door.

During the recent quarantine on  
Hallowell, my husband, George, had a touch  
of the malaise. On a Sunday morning, one of  
the Hallowell nurses came to check on him.  
Approaching our door, she screamed at the  
sight of the spider. She reached down, took  
off her shoe, and with the heel pounded the  
spider mercilessly until it fell to the ground.  
On trying to mash it with her foot, she  
realized it was a joke. Whereupon she  
confidently entered our door to minister to her  
patient.

### VOICE of the RESIDENTS

Volume XVII, Number 10

June, 1996

\* \* \*

Published September through June  
Broadmead Residents Association,  
Lloyd Tyler, *President*

Harry S. Scott, Jr., *Editor*  
Nydia Finch, *Editorial Assistant*

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